

Nepalese Studies

Level: Shastri
Year: Third
Paper:

Full Marks: 50
Total Teaching Hours: 75
Per Teaching Hour: 50-60 Minutes

1. Course Description

This course offers an introduction to Nepal in general. It provides basic information about the geography, natural resources, history, society, culture, economy, politics, and foreign policy of Nepal. Current social and national problems of Nepal are discussed in brief.

Course Objectives

1. Identify the geographical and administrative units of Nepal.
2. Analyze the history of Nepal in brief.
3. Describe the arts, religions and cultural situation of Nepal.
4. Analyze the salient features of Nepalese economy.
5. Explain the political development of Nepal.
6. Examine the features of the constitution of Nepal, 2015.
7. Mention the chief characteristics of Nepal's foreign policy.
8. Explain the role of Nepal in UNO, SAARC and BIMSTEC.

Course Contents

1 Geographical Introduction of Nepal

- Geographical locations and unique characteristics of Nepal
- Geographical Divisions of Nepal : on the basis of Landscape and River
- Ecological, Climatic and Regional Diversities of Nepal
- Administrative Divisions of Nepal : Federal, Provincial and Local Level

2 Political History of Nepal

Ancient Nepal

- The bases behind the naming of Nepal,
- Gopal, Mahishpal and Kirat Dynasties.
- Lichchhavi Period: Brief history, Famous Rulers and Civilization.

Medieval Nepal

- Disintegration of Nepal.
- The rise of three Powers : Doya, Khasha and Malla Kingdom
- King Jayasthiti Malla and his Reforms.
- History of Gorkha Kingdom and Reforms of Ram Shah.
- Baisi and Chaubisi principalities of western Nepal

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नेपाल अधिका

- Divided kingdom of Kathmandu valley.
- Sena Kingdoms of Nepal.
- Political condition of Nepal before unification.

Modern Nepal

- Unification of Nepal: role of Prithvi Narayan Shah, Rajendra Laxmi, Bahadur Shah and Bhimsen Thapa.
- Political instability and the factors which influenced the rise of Jung Bahadur
- Conspiracies: Kot Parva, Bhandarkhal Parva and Alau Parva.
- Causes of Rana Regime to Rise.
- Anti-Rana Movement and causes of the downfall of the Rana Oligarchy.
- Achievements of the Revolution of 1950/51.
- The first elected government of Nepal 1959.
- Panchayat System
- Political Movement of Nepal 2046 B.S.(1990 A.D.)
- Second Political Movement 2062/063.

3 Society and Culture

- Demographic Study of Nepal : Fertility, Mortality and Migration
- Caste System in Nepal
- Language and Literature
 - Language Families
 - Major Language and Literature
 - Nepali
 - Newari
 - Maithili
 - Sanskrit
- Religions in Nepal:
 - Hinduism
 - Buddhism
 - Muslim
 - Kirat
 - ~~Others~~ - Others
- Cultural heritages of Himalayan, Hilly and Terai region (Food habits, Dress and Ornaments, Festivals and temples, Music, songs and dances, Occupation)
- Major Festivals : Dasain, Tihar, Chhath, Buddha Jayanti, Lhosar, Eid al Fitr, Christmas Day
- Fine Art in Nepal
 - Paintings
 - Sculpture
 - Architecture

4 Nepalese Economy

- Characteristics and ^{Constraints} ~~Constants~~ of Nepalese Economy
 - Human resources and economic development

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- Agriculture
- Tourism
- Means and Resources
 - Forests
 - Land
 - Water
 - Minerals

5 Politics and Government of Nepal

- Meaning and definition of democracy
- Features of the constitution of the Nepal 2015.
- Federalism : Meaning, Federalism in Nepal.
- Organs of Government

Executive

- The President and Vice President : Election, position, power, and functions
- The Prime Minister: position, power, and functions
- Formation of council of ministers and its responsibilities

Legislature

- The House of Representatives: Composition, power, and functions,
- The Speaker and The Deputy Speaker: Modes of election, power, and functions
- Relationship between House of Representatives and National Assembly
- The National Assembly: composition, powers and functions

Judiciary

- Judiciary and its structures
- The Supreme Court: composition, jurisdiction, rule of law, judicial review
- Chief Justice
- The High Court and District Court
- Provincial and local government
- Local Executive and legislature
- Interrelationship ^{among} between the federation, provinces and local ~~level~~ ^{level} governments
- Fundamental rights and duties of the citizens

6 Foreign Policy of Nepal

- Determinants of Nepal's foreign policy:
- Features of Nepal's foreign policy
- Nepal's Relation with India, China, European Union and USA
- UNO and Nepal
- SAARC and Nepal
- BIMSTEC and Nepal

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Course Contents

Unit	Contents	Teaching Hours
1	Geographical introduction of Nepal	9
2	Political History of Nepal	14
3	Society and Culture	14
4	Nepalese Economy	10
5	Politics and Government of Nepal	14
6	Foreign Policy of Nepal	14
	Total	75

Evaluation: scheme for question paper setting for annual examination.

Types of Question	Number of questions	Number of questions to be answered	Marks	Total
Long questions requiring analytical answer	3	2	10x2	20
Short questions	6	4	5x4	20
Very Short Questions	10	10	10x1	10
	19	16		50

Reference Readings

- नेपाल सरकार, (२०७९) नेपाल परिचय (दशौं संस्करण) : काठमाडौं : नेपाल सरकार, सञ्चार तथा सूचना प्रविधि मन्त्रालय ।
- वैद्य, तुलसीराम र मिश्र, तीर्थप्रसाद, (वि.सं. २०५४) आधुनिक नेपालको राजनैतिक इतिहास, काठमाडौं : नेपाल र एसियाली अनुसन्धान केन्द्र, त्रि.वि. ।
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- आचार्य, बाबुराम, अब यस्तो कहिल्यै नहोस्, चौथो सं. काठमाडौं : श्रीकृष्ण आचार्य, वि.सं. २०६० ।
- आचार्य, बाबुराम, प्राचीनकालको नेपाल, काठमाडौं : प्रा. श्रीकृष्ण आचार्य, २०६३, ।
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- नेपाल, ज्ञानमणि, गणतन्त्रदेखि लोकतान्त्रिक गणतन्त्रसम्म : सङ्घीयताको समस्या र समीक्षा, काठमाडौं : मकालु प्रकाशन गृह, वि.सं. २०६६ ।
- निरौला, खगेन्द्र, नेपाल परिचय, एघारौं सं., काठमाडौं : रत्न पुस्तक भण्डार, २०६४ ।

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